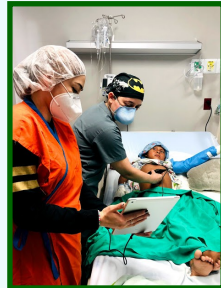




thousands of people in Honduras have health, food, clean water, housing, education, and hope.



+ As you read this, someone in Honduras is saying a prayer of thanksgiving for your act of generosity.

Our mission is to alleviate some of the poverty and terrible conditions that Hondurans endure.



Listen with your heart, learn with your mind, love with your actions.  
~ St. Mother Teresa

The water projects could only be accessed by walking or riding mules



Today 4,900 children worldwide will die from diarrhea caused by unsafe water & sanitation.

Every minute a child dies from a water-related disease.

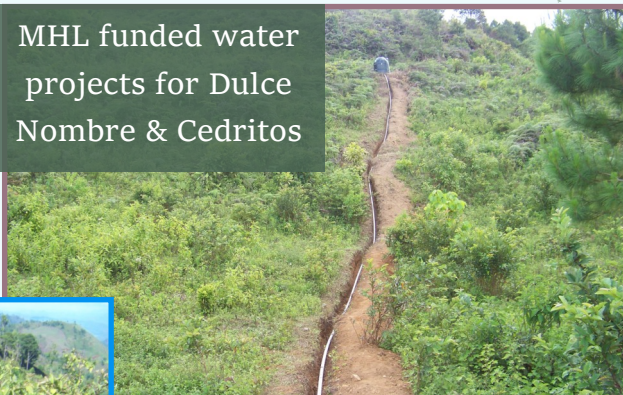


638,000 people in Honduras do not have access to safe water.

Mission Honduras and Then Feed Just One invite you to help us continue this important mission.



MHL funded water projects for Dulce Nombre & Cedritos



For every \$1 invested in safe water & sanitation, a yield of \$5-\$28 is returned in increased economic activity and reduced health care costs.



**PayPal**

donations graciously accepted on our website

**Mission Honduras LeMars**

709 Plymouth St. NE  
Le Mars, IA 51031

712.540.3062  
rseivert2@yahoo.com





Portable ultrasounds named Butterfly IQ have already saved countless lives. MHL has donated 9 of them to hospitals, and is planning to donate more.



Butterfly IQ's are extremely valuable in early detection of Covid-19 and dengue fever



How wonderful it is that nobody need wait a single moment before starting to improve the world. ~ Anne Frank



MHL donated 7,000+ notebooks and several laptops to teachers & students in poor schools



Donated masks for medical personnel

There's no such thing as a small act of kindness. Every act creates a ripple with no logical end.

- Scott Adams



Honduran prison

MHL continues to donate supplies to 3 Honduran prisons



Alone we can do so little. Together we can do so much. ~ Helen Keller

Many donated medical supplies, wheelchairs, walkers & other materials immediately make a difference



Sorting donated medical materials



Francis Seivert delivers medical supplies



Ophthalmic microscope







20% of Hondurans live on less than \$1.90 per day

TFJO shipped almost 600,000 meals into Honduras this past year. Thanks to all who participated in a family or group packing event.

# Then Feed Just One



Catholic Daughters packing event



Honduran woman carrying 432 TFJO meals (66 lbs. of food) home to her family



73.5% of Hondurans in rural areas live in poverty



To live with Jesus is to live with the poor. To live with the poor is to live with Jesus.

~ Jean Vanier



Food is unloaded in Honduras



Julio distributes masks



In children under 5, stunting levels are at 23%. In some areas of the country, it is closer to 40%.

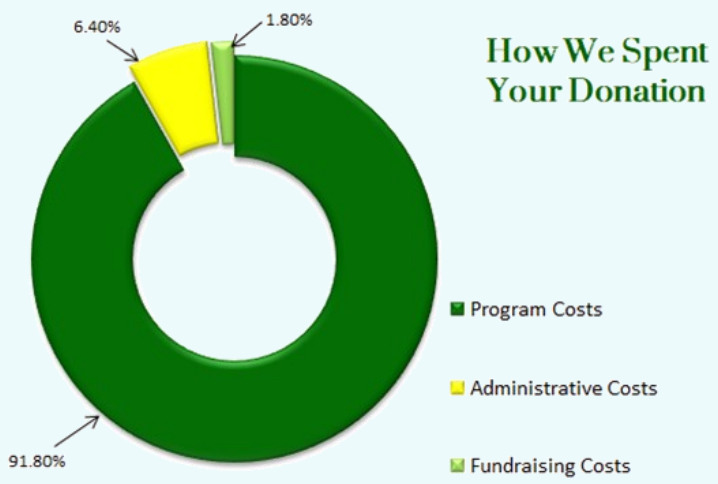


School packing event

Sometimes a small thing you do can mean everything in another person's life.

~ Maya Angelou





*Love and kindness are never wasted. They always make a difference.*  
 ~ Marian Rogers



MHL continues to assist families impacted by Hurricanes Eta and Iota

Not only has Honduras been impacted by the pandemic, but also by a lengthy drought, followed by hurricanes Eta and Iota, destroying virtually all crops and displacing almost 1/2 million people.



Taular boys on scholarship

*This is my commandment, that you love one another as I have loved you.*

~ John 15:12



Marta Sosa, assistant to Mission Honduras & TFJO, ponders her next move to help the poor

**We make a living by what we get., but we make a life by what we give.**

~ Winston Churchill

[www.gehlenmissionhonduras.org](http://www.gehlenmissionhonduras.org)

Due to Covid-19, the 2021 GCMH mission team was unable to make the trip to Honduras. However, 5 adult members of the team built 20 bunk beds & met the 4 families receiving homes funded by the 2020 & 2021 teams.



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